

# W I N T E R F O L D



## Canteen

**OPEN**

MON-WED-FRI  
ORDER AT THE COUNTER  
BEFORE 08.45 AM  
OR VIA QUICKCLIQ  
BEFORE 8.00AM

### R E C E S S ALSO AVAILABLE FOR LUNCH

♥ Popcorn	\$0.40
♥ Pikelet (GF available)	\$0.60
♥ Hard boiled egg	\$1.00
★ Milo bliss ball	\$1.50
♥ Corn on the cob (piece)	\$1.50
♥ Slinky apple	\$1.50
♥ Zucchini slice	\$2.00
★ Banana bread	\$2.00
★ Cheesie (GF extra \$0.50)	\$2.00
♥ Baked beans cheesie (GF extra \$0.50)	\$2.50
♥ Yoghurt, granola and fruit cup	\$2.50
★ Snack box 1 pikelet, popcorn, slinky apple, juice (GF available)	\$4.50
★ Snack box 2 Zucchini slice, hard boiled egg, juice	\$4.50
★ Snack box 3 Banana bread, milo bliss ball, juice	\$4.50
♥ Wrap sausage roll (homemade) (pork, apple zucchini and thyme) make it GF/ add tomato sauce	\$4.00 \$0.50

### L U N C H

#### Everyday options

♥ Pasta medium or large (pasta spirals coated in a smooth roast vegetable and tomato sauce, topped with cheese)	\$5.00/\$7.00
♥ Greek delight 2 or 4 small lamb meatballs, with flatbread, tzatziki and tomato & cucumber salad.	\$5.00/\$7.00
♥ Sandwiches & Wraps including 1 topping, either <b>fresh or toasted</b> , made on wholemeal bread and without butter. (Unless requested differently e.g. white or GF bread).	\$3.50
<b>Toppings;</b> cheese, chicken, vegemite, egg & mayo, tuna & mayo, salad (lettuce, tomato, cucumber, carrot), baked beans, beetroot	
<b>Extra topping</b>	\$0.50
<b>Butter or mayo</b>	\$0.20

### \* \* L U N C H S P E C I A L S \* \*

#### MONDAY

♥ Mini Pizza	
Margarita	\$4.00
Chicken	\$4.50
Chicken and pineapple	\$4.50
Vegetarian (mushroom, capsicum, corn)	\$4.50
★ Burrito bowl	\$7.00
Rice topped with; either beef or vegetarian mexibeans, cheese, fresh tomato & coriander salsa, lettuce, corn and a dollop of sour cream	

#### WEDNESDAY

♥ Beef burger	\$7.00
Homemade beef burger with; lettuce, tomato, cheese & tomato sauce served in a bun	
♥ Chicken and rice bowl	\$7.00
Teriyaki chicken and rice, served with edamame beans, carrot and cucumber	

#### FRIDAY

♥ Sushi	
Home made sushi rolls. Grilled teriyaki chicken, tuna & cucumber, cucumber only or egg & veg.	\$7.00
Full roll	\$3.50
Half roll	
<i>All our sushi is made with mayonnaise, which contains soy. Soy sauce available from the duty teacher</i>	

### D E S S E R T S

★ Icy pole whole	\$1.00
★ Icy pole half	\$0.50
★ Twisted froyo cup; strawberry vanilla or watermelon mango	\$3.00
★ Light vanilla ice-cream cup	\$3.00

### D R I N K S

♥ Water	\$1.50
♥ Warm milo (recess only)	\$1.50
★ Juice box; apple, orange, apple blackcurrant	\$2.50
♥ Flavoured milk; banana, chocolate strawberry,	\$3.00
★ Chill juice (100% fruit juice); Strawberry, blueberry, grape, watermelon.	\$3.00

We follow the Department of Education (new) Healthy Food & Drink Policy and Traffic Light System. The majority of our menu consists of green food items ♥ and amber foods items ★ are limited. Red items are not available for purchase.

♥ = Healthy choice ★ = Sometimes food



# Welcome to our school *canteen*



We are an allergy **aware** canteen.

If your child has any allergies, please speak to us at the counter before ordering, and/or inform us via your QuickCliq order.

We take great care in avoiding any allergy risk but we can't guarantee that all our food is allergen free. Some products we use might have potential allergen traces.

*Thank you. Anne and Theresa*

**CANTEEN@WINTERFOLDPANDC.COM**



# WE NEED YOU!!!

THINKING OF HELPING OUT AT OUR WONDERFUL SCHOOL CANTEEN? DON'T HESITATE ANY LONGER! WE ARE A LOVELY TEAM, WE WILL WELCOME YOU WITH OPEN ARMS, AND EVEN MAKE YOU A CUPPA!



**YOU WILL BE:**

**FLIPPING PIKELETS LIKE A PRO**

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**POPPING POPCORN**

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**A MASTER SUSHI ROLLER**

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**TOASTING THE BEST TOASTIES IN THE WEST**

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**USING OUR MAGIC APPLE SLINKY MACHINE**

**AND SO MUCH MORE!**



ALONG WITH THAT GREAT CANTEEN POWER THOUGH, COMES GREAT RESPONSIBILITY. SO, TO HELP OUT IN THE CANTEEN YOU WOULD BE REQUIRED TO COMPLETE TWO SIMPLE, FREE ONLINE COURSES. PLEASE SEE THE LINKS BELOW:

**FOODSAFEONLINE.COM.AU**  
**FOODALLERGYTRAINING.ORG.AU**



**DISCOUNT CODE:**  
**FSFREM371**