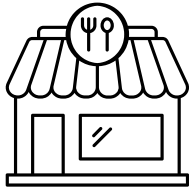


W I N T E R F O L D



Canteen

R E C E S S ALSO AVAILABLE FOR LUNCH

♥ Popcorn	\$0.50
♥ Pikelet (GF available)	\$0.60
♥ Hard boiled egg	\$1.00
♥ Frozen pineapple ring	\$1.00
♥ Cucumber and carrot sticks (add tzatziki)	\$1.50 \$0.50
♥ Slinky apple	\$1.50
♥ Zucchini slice (vegetarian)	\$2.00
★ Lemon and apple muffin	\$2.00
★ Cheesie (GF add \$0.50)	\$2.00
♥ Baked beans cheesie (GF add \$0.50)	\$2.50
♥ Yoghurt, granola and fruit cup	\$3.00
♥ Mixed fruit cup	\$3.00
★ Snack box 1 pikelet, popcorn, slinky apple, juice (GF available)	\$4.50
★ Snack box 2 Zucchini slice, hard boiled egg, juice	\$4.50
♥ Wrap sausage roll (homemade) (pork, apple, zucchini and thyme) make it GF/ add tomato sauce	\$4.00 \$0.50
♥ Spinach and ricotta roll (homemade) make it GF/ add tomato sauce	\$4.00 \$0.50

L U N C H

Everyday options

♥ Pasta medium or large (pasta spirals coated in a smooth roast vegetable and tomato sauce, topped with cheese)	\$5.00/\$7.00
♥ Greek delight 2 or 4 small lamb meatballs, with flatbread, tzatziki and tomato & cucumber salad.	\$5.00/\$7.00
♥ Sandwiches & Wraps including 1 topping, either fresh or toasted , made on wholemeal bread and without butter. (Unless requested differently e.g. white or GF bread).	\$3.50
Toppings: cheese, chicken, vegemite, egg & mayo, tuna & mayo, salad (lettuce, tomato, cucumber, carrot), baked beans, beetroot	
Extra topping	\$0.50
Butter or mayo	\$0.20

* * L U N C H S P E C I A L S * *

MONDAY

★ Burrito bowl	\$7.00
Rice topped with; either beef or vegetarian mexibean, cheese, fresh tomato & coriander salsa, lettuce, corn and a dollop of Greek yoghurt	
♥ Rice paper rolls	\$6.00
2 rolls, rolled with; vermicelli noodles, carrot, cucumber, lettuce, capsicum and coriander. Either with or without grilled chicken. Served with hoisin sauce	

WEDNESDAY

★ Beef burger	\$7.00
Homemade beef burger with; lettuce, tomato, cheese & tomato sauce served in a bun	
♥ Chicken burger	\$7.00
Grilled chicken breast strips served in a bun with lettuce, cucumber, tomato cheese & mayonnaise	

FRIDAY

♥ Sushi	
Home made sushi rolls; Grilled teriyaki chicken, tuna & cucumber, egg & veg or cucumber/avocado only	
Full roll	\$3.50
Half roll	\$7.00
Add avocado to any roll	\$0.50
♥ Mini Pizza	
Margarita	\$4.00
Chicken	\$4.50
Chicken and pineapple	\$4.50
Vegetarian (mushroom, capsicum, corn)	\$4.50

All our sushi is made with mayonnaise, which contains soy. Soy sauce available from the duty teacher

D E S S E R T S

★ Icy pole whole	\$1.00
★ Icy pole half	\$0.50
★ Twisted froyo cup; strawberry vanilla or watermelon mango	\$3.00
★ Light vanilla ice-cream cup	\$3.00

We follow the Department of Education (new) Healthy Food & Drink Policy and Traffic Light System. The majority of our menu consists of green food items ♥ and amber foods items★ are limited. Red items are not available for purchase.

♥ = Healthy choice ★ = Sometimes food

D R I N K S

♥ Water	\$1.50
★ Juice box; apple, orange, apple blackcurrant	\$2.50
♥ Full cream milk	\$2.50
♥ Flavoured milk; chocolate strawberry,	\$3.00
★ Chill juice (100% fruit juice); Strawberry, blueberry, grape, watermelon.	\$3.00

OPEN

MON-WED-FRI
ORDER AT THE COUNTER
BEFORE 08.45 AM
OR VIA QUICKCLIQ
BEFORE 8.00AM



Welcome to our school *canteen*



We are an allergy **aware** canteen.

If your child has any allergies, please speak to us at the counter before ordering, and/or inform us via your QuickClik order.

We take great care in avoiding any allergy risk but we can't guarantee that all our food is allergen free. Some products we use might have potential allergen traces.

Thank you, Anne and Theresa

CANTEEN@WINTERFOLDPANDC.COM



WE NEED YOU!!!

THINKING OF HELPING OUT AT OUR
WONDERFUL SCHOOL CANTEEN? DON'T HESITATE ANY LONGER!
WE ARE A LOVELY TEAM, WE WILL WELCOME YOU WITH OPEN ARMS,
AND EVEN MAKE YOU A CUPPA!



YOU WILL BE:

FLIPPING PIKELETS LIKE A PRO

*

POPPING POPCORN

*

A MASTER SUSHI ROLLER

*

TOASTING THE BEST TOASTIES IN THE WEST

*

USING OUR MAGIC APPLE SLINKY MACHINE

AND SO MUCH MORE!



ALONG WITH THAT GREAT CANTEEN POWER THOUGH, COMES GREAT RESPONSIBILITY. SO, TO HELP OUT IN THE CANTEEN YOU WOULD BE REQUIRED TO COMPLETE TWO SIMPLE, FREE ONLINE COURSES. PLEASE SEE THE LINKS BELOW:

FOODSAFEONLINE.COM.AU
FOODALLERGYTRAINING.ORG.AU



DISCOUNT CODE:
FSFREM371

